

---

# FIRST IN LAST OUT

FREE HOUSE AND BREWERY, OLD TOWN, HASTINGS

---

## LUNCH MENU

12 noon – 2.30 pm • Tuesday – Saturday

• *See specials board for daily additions* •

## BAR SNACKS

Marinated olives £2.00    Hot sea salted almonds £3.00    Iberico ham shavings £3.50  
Mixed leaves £3.00    Bread board £3.00  
Warm flatbread, houmous & crudites £4.95    Basket of chips £2.50/ with cheese £3.50

## SMALL BITES, SANDWICHES AND STARTERS

Soup of the day (v) *see specials board* £4.95  
Toasted Welsh rarebit, salad on the side £6.50  
Baked Ham and wholegrain mustard sandwich £5.50  
Slow-cooked salt beef sandwich, gherkins & mustard on the side £6.50  
Toasted Cheddar cheese, onion & tomato on sourdough, salad on the side £5.00 (v)  
Spicy chickpea, cashew nut and lentil croquette(s) with salad, houmous or crème fraiche £5.50/£8.50 (ve/gf)  
Crispy whitebait, aioli and toasted sourdough £5.50  
Red lentil dhal with fresh coriander and spices, Indian paratha bread £6.00 (ve)

## MAINS

The FILO corned beef hash, free-range poached egg and home-made baked beans £10.50  
Our own baked ham, two free-range fried eggs, bubble 'n' squeak, salad and chips £10.00  
'Crofters' beer battered fresh cod goujons, crushed peas, tartare sauce and chips £10.95  
Pan-fried English lambs liver, dauphinoise potatoes, fresh vegetables, port & orange jus £11.95  
Somerset goats cheese puff-pastry tart, roasted Mediterranean vegetables, red onion marmalade,  
*oven-roasted vine tomatoes, fresh greens and sauté potatoes* £10.50 (v)

## SWEETS

Caramelized pear tart tatin, local crème fraîche £5.50  
Steamed syrup sponge pudding, vanilla ice-cream £5.50  
Bramley apple and berry fruit crumble, custard £5.50

•

## Cheese

Montgomery Cheddar, Colston Bassett blue & organic Perl Wen brie with artisan crackers,  
membrillo, grapes & chutney £7.50 board for one/£14.00 to share

Food prepared and cooked on the premises • For special dietary requirements, please ask • Service not included